

ALIGNMENT KICKBOARD

#1.05.042

STREAMLINE KICKBOARD

TECHNICAL / KICKBOARDS & BUOYS

FEATURES & BENEFITS

HYDRODYNAMIC PROFILE

Promotes a streamlined body position from fingertips to toes

ALL FOUR SWIM STROKES

Great for standard kicking, one arm drills and side kicking in all four competitive strokes

SHOULDER SAFE

Smaller design reduces pressure on shoulders

U.S.A. PATENTED

LIGHTWEIGHT STRUCTURE

Compact frame makes for easy storage and travel

SUBMERSIBLE DESIGN

Creates an ideal body alignment when used just below the waterline

EVA FOAM

Provides durability and prevents skin irritation

STABILIZING HAND STRAP

Allows control of the board without gripping, and places hands and arms in a proper streamline position



PRODUCT DESCRIPTION



The Alignment Kickboard uses a hydrodynamic design to improve body position. The stabilizing hand strap allows complete control of the board without gripping, creating a perfect alignment from fingertips to toes. When used properly, the Alignment Kickboard sits just below the waterline so swimmers can lengthen their body without kicking at an incline. Shorter in design, the Alignment Kickboard puts less pressure on shoulders as compared to standard kickboards. A great training tool, the board can be used to do one arm and side kicking drills in addition to normal kicking. When paired with a snorkel, the Alignment Kickboard encourages proper head alignment and improves overall technique.

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